

Srinivas Nagar, Mukka– 574 146, Mangalore. (Private University Established by Karnataka Govt. ACT No.42 of 2013, Recognized by UGC, New Delhi, & Member of Association of Indian Universities, New Delhi)

3.6.2.1 Number of extension and outreach programs conducted by the institution through NSS/NCC

Detailed list and report for each extension and outreach program to be made available, with specific mention of number of students participated and the details of the collaborating agency Government and Government recognized bodies for the Year 2019-20.

Activity List of 2019-20 is on Page No. 3

Name of the activity	Organizing unit/ Forum/ collaborating agency	Date of the activity DD-MM-YYYY	Number of students participated in such activities	Page No.
Matthe Kalyana Programme- Social Awareness Programme	NSS	03-08-2019	140	4
Vanamahotsava Programme Institute Green Ecosystem Responsibility	NSS	28-08-2019	45	5
Shops and Commercial Establishments Visit	NSS	22-08-2019	45	6
Cleanliness Drive	NSS	20-1-2020	45	7
Life Skill and Carrier Guidence -	NSS	19-11-2019	34	7
Effective Public Speaking Workshop	NSS	11-08-2019	54	8
Health Awareness Programme	NSS UNIT	15-09-2019	108	9
Teenage Education Programme	NSS UNIT	01-01-2020	28	10
Training on Soft Skills for Youth	NSS UNIT	10-01-2020	45	11
Child Parent Health Awareness	NSS UNIT	12-12-2019	50	12
Career guidance	NSS UNIT	14-01-2020	36	13
Digital Awareness programm for womens group in Bolar community	NSS UNIT	06-05-2020	78	14
Digital Awareness programm for womens group in valachil muslim community	NSS UNIT	03-05-2020	78	15
Digital Awareness programm for womens group in tokottu community	NSS UNIT	03-05-2020	78	16
Digital Awareness programm for womens group in morgansgate community	NSS UNIT	03-05-2020	78	17

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Digital Awareness programm for womens group in jeppu community	NSS UNIT	03-05-2020	78	18
Deputing Teaching Assistants to Government Primary Schools	NSS	10-03-2020	120	19
Holi Celebration at Govt School	NSS	27-03-2020	130	20
Distribution of Drinking Water during covid	NSS	10-05-2020	18	21
Free Awareness and Cancer Check-up Camp	NSS UNIT	08-03-2020	78	22
Training for Youth on computer skills	NSS UNIT	31-5-2020	57	23

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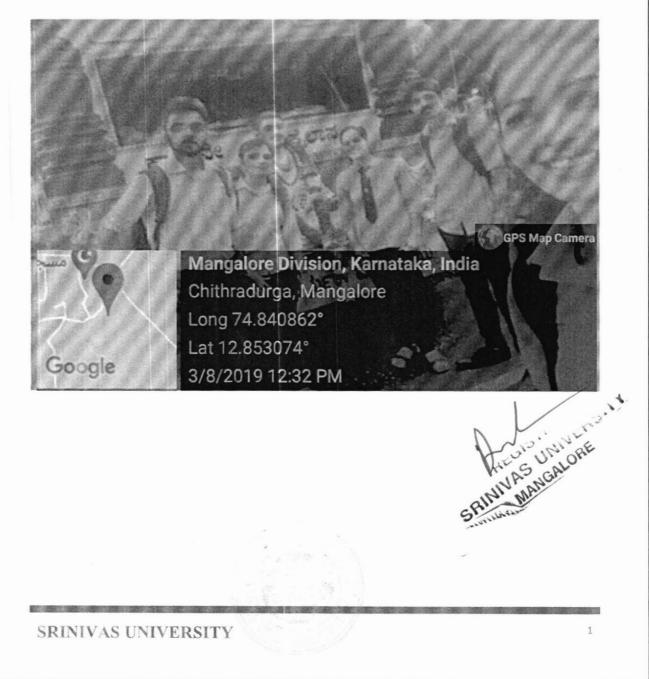
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<u>3.6. 2 Number of extension and outreach programs conducted in collaboration with</u> industry, community and Non- Government Organisations through NSS/NCC/Red cross/YRC etc., during the last five years

REPORT 2019-2020

1. Matthe Kalyana Programme-Social Awareness Programme

Second-year students of Social Work Department participated in 'MattheKalyana' Programme organized on 3rd August, 2019 at Town Hall, Mangaluru organised by SahamathaVedikeJagadhguruShaka Matt, Sanehalli, Hosadurga Taluk, Chithradurga. 140 students.



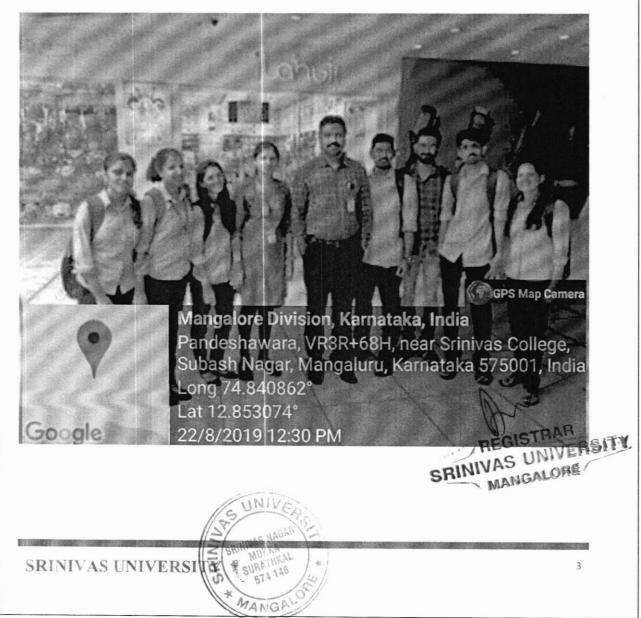
2.Vanamahotsava Programme_institute Green Eco system Responsibility

College of Social Sciences and Humanities, Srinivas University in connection with 'Unnat Bharat Abhiyan' organised 'Vanamahotsava Programme' at Mukka, Surathkal, Mangaluru taluk, Karnataka on 28th August, 2019. Shri. Shreedhara, Forest Ranger, Mangalore Region inaugurated the programme by planting trees. Dr.LaveenaD'Mello, Dean, College of Social Sciences and Humanities, Srinivas University, Ms. Bhavishya, Faculty of the Department, Mr. Pradeep M.D. Coordinator, Unnat Bharat Abhiyan, Srinivas University were present in the programme 45 students.



3.Shops and Commercial Establishments Visit

The students of the Second year M.S.W have visited Forum Fiza Mall, Pandeshwar, Mangalore on 22nd August, 2019 to practically observe and understand the functioning of shops and commercial establishments. The Students were exposed to monopoly branded show rooms, multi branded stores, stock dispatch, billing, exhibition of products, specialised stores, tag pricing, taxing policy, safety precautions in the mall, security systems, maintenance department, disposal of waste, offers and price policy, meetings, product sale and return issues practiced in the shopping malls. Mr. Pradeep M.D. and Mr. Gururaj Faculties escorted the students and explained on the spot about the business observations live to the students. Students of the Second Year M.S.W participated actively in the event.45 students



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4. Cleanliness Drive

On 20.1.2020 School Campus cleaning programme was organized for observing Covid 19 by our B.com & BBA Students whole heartedly participated in the cleaning programme which evokes a consciousness among the student community regarding the inevitability of a clean and green surrounding area. A school named Government Higher Secondary School, Kuttikattoor in Calicut"Campus cleaning" activity was performed. Our NSS volunteers cleaned the entire campus surroundings and the inside premises



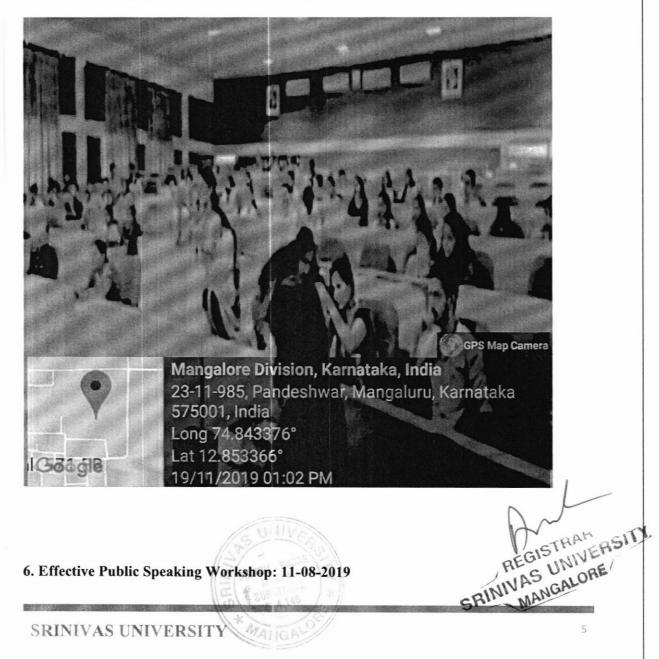
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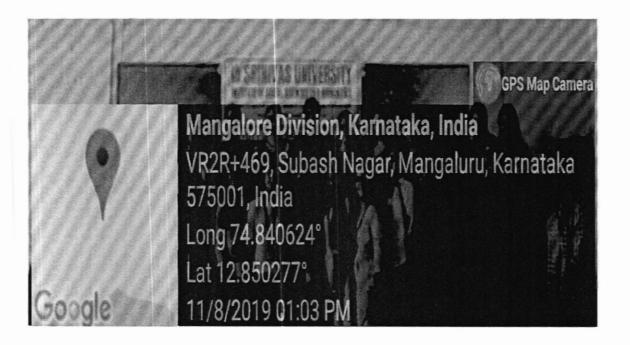
5. Life Skill and Carrier Guidance 19-11-2

On November 19, 2019, Srinivas University organized an impactful "Life Skill and Career Guidance" event at Pandeshwar, Mangalore. The initiative aimed to enhance students' life skills and provide valuable insights into diverse career paths. The program featured guest lectures, workshops, and career counseling sessions, attracting a diverse audience of students, faculty, and industry professionals. The event successfully heightened participants' awareness of essential life skills, eliciting positive feedback and fostering meaningful connections between students and professionals. Moving forward, the event's success underscores its importance in shaping a well-rounded educational experience, aligning with the institution's commitment to preparing students for successful and dynamic careers. Special thanks are extended to all contributors who played a pivotal role in making the event a success.



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On August 11, 2019, a transformative Effective Public Speaking Workshop was conducted at Pandeshwar Mangalore, engaging 54 students in dynamic sessions and expert-led discussions. This workshop aimed to enhance participants' public speaking skills, fostering confidence and communication competence. The interactive nature of the sessions facilitated active engagement, resulting in positive outcomes such as improved public speaking abilities and reduced apprehension. This initiative aligns with the institution's commitment to holistic student development and serves as a testament to our dedication to providing quality education.

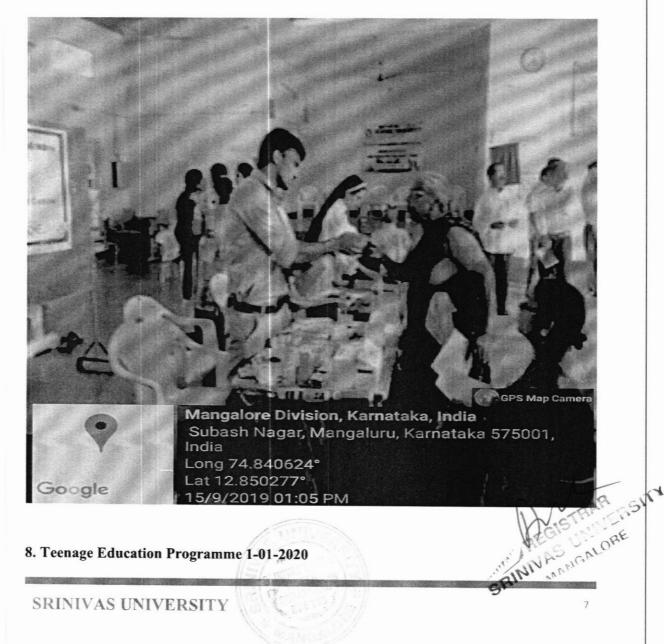


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7. Health Awareness Programme

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On September 15, 2019, Srinivas University hosted a transformative Health Awareness Programme, engaging 108 students in discussions and workshops focused on holistic wellbeing. The event included informative sessions on nutrition, stress management, and physical exercise, featuring expert speakers from the healthcare industry. Interactive workshops, including yoga and meditation, fostered active participation and practical application of wellness principles. Post-event surveys indicated increased awareness and a commitment to healthier lifestyles among participants. This initiative aligns with Srinivas University's dedication to nurturing a health-conscious campus environment, emphasizing overall wellbeing for its students. This report stands as a testament to the success of the Health Awareness Programme and the institution's commitment to promoting a healthy lifestyle among its student community.



On January 1, 2020, Srinivas University conducted a transformative Teenage Education Programme aimed at providing comprehensive guidance to teenagers. The program featured interactive workshops, expert-led sessions, and discussions covering academic planning, career choices, and personal development. With active participation from attendees, the program successfully created a collaborative learning environment. Feedback and assessments indicated positive changes in attitudes and increased awareness among participants. This initiative underscores Srinivas University's commitment to holistic education and serves as a valuable contribution to the institution's dedication to nurturing well-rounded individuals.



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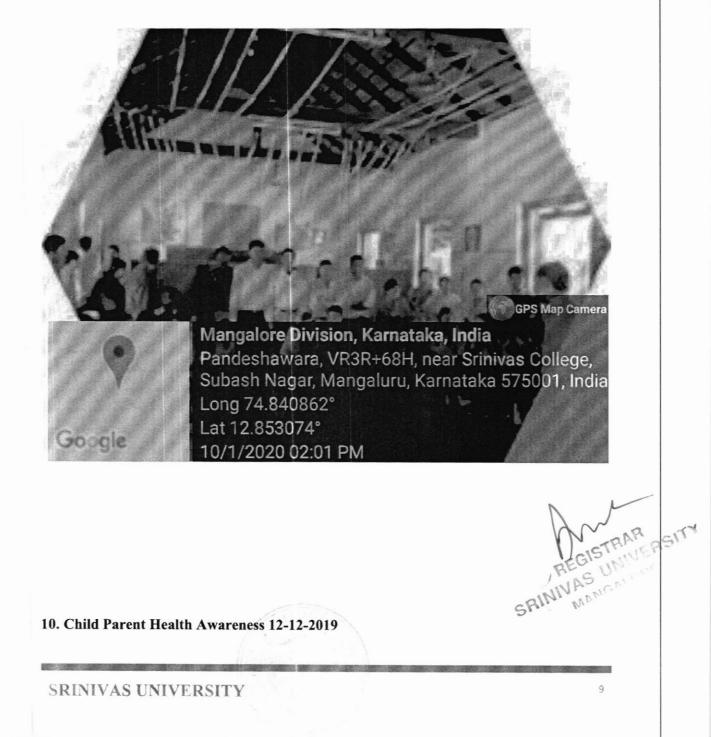
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9. Training on Soft Skills for Youth 10-1-2020

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On January 10, 2020, Srinivas University conducted a highly impactful Soft Skills Training for Youth, underscoring the institution's commitment to holistic education. The program, focusing on essential skills such as communication, teamwork, and problem-solving, engaged a diverse group of participants in interactive sessions led by expert trainers. Post-training assessments demonstrated significant improvements in participants' soft skills, including heightened confidence and enhanced abilities in teamwork and problem-solving. This successful initiative reflects Srinivas University's dedication to fostering comprehensive student development



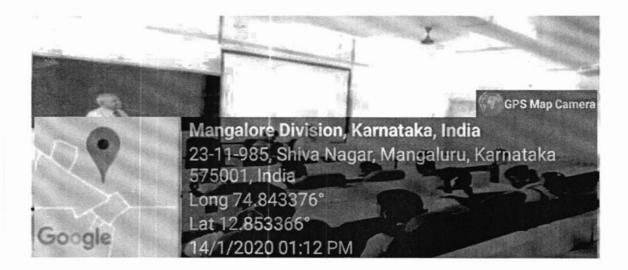
On December 12, 2019, Srinivas University orchestrated a pivotal Child-Parent Health Awareness Program, epitomizing the institution's dedication to community well-being and health education. This initiative, attended by a diverse audience, including parents and caregivers, focused on vital aspects of child and parent health, featuring expert-led sessions and hands-on demonstrations. Post-program assessments revealed heightened awareness and knowledge among participants, showcasing the positive impact of the program on fostering healthier practices within families.



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11.Career guidance 14-01-2020

On January 14, 2020, Srinivas University conducted an impactful Career Guidance Program, embodying the institution's commitment to fostering holistic student development. The program, attended by a significant number of students, featured insightful sessions, panel discussions, and one-on-one counseling opportunities with industry professionals. Post-program assessments revealed positive outcomes, indicating a clearer understanding of career goals and enhanced confidence among participants in making informed decisions about their future paths.



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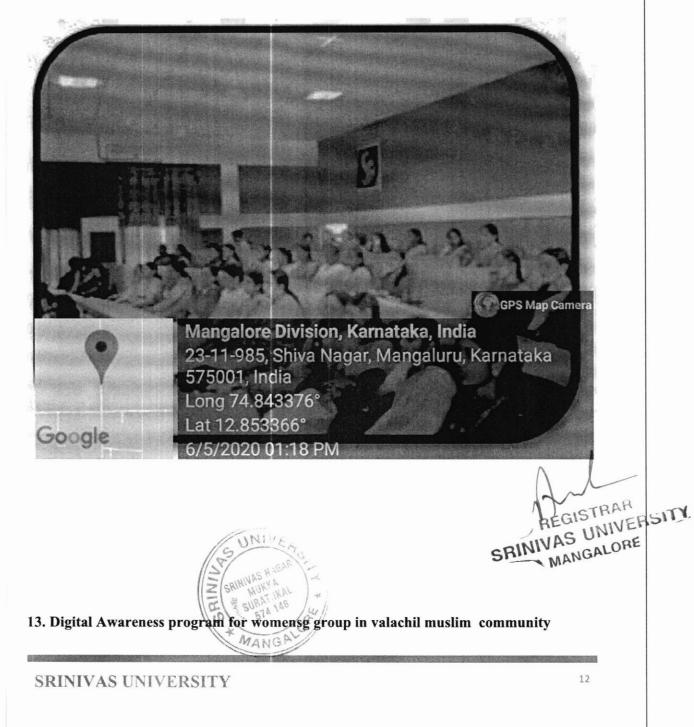
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12. Digital Awareness programme for women's group in Bolar community 06-05-2020

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On May 6, 2020, Srinivas University conducted a transformative Digital Awareness Program for the Women's Group in the Bolar community, showcasing the institution's commitment to community welfare and digital inclusivity. The program, attended by a significant number of women, focused on empowering participants with essential digital skills, including computer literacy and internet safety. Post-program assessments revealed positive outcomes, with increased participant confidence in utilizing digital tools for personal and community development.



On May 3, 2020, Srinivas University conducted a transformative Digital Awareness Program for the Women's Group in the Valachil Muslim community, aiming to empower women with essential digital skills. Through interactive sessions, hands-on training, and personalized assistance, participants gained confidence and proficiency in utilizing digital tools for personal and community development. The program, attended by a significant number of women, reflects Srinivas University's commitment to community welfare and digital inclusivity. Postprogram assessments revealed positive outcomes, underscoring the success of the initiative in bridging the digital gap within the Valachil Muslim community.



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14.Digital Awareness programm for womensg group in tokottu community

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On May 3, 2020, Srinivas University conducted a impactful Digital Awareness Program for the Women's Group in the Tokottu community, exemplifying the institution's commitment to community welfare and digital inclusivity. Through engaging sessions and hands-on training, a significant number of women actively acquired essential digital skills, fostering confidence and self-reliance within the community. Post-program assessments indicated positive outcomes, highlighting the success of the initiative in narrowing the digital gap and empowering women with crucial skills for navigating the modern digital landscape.



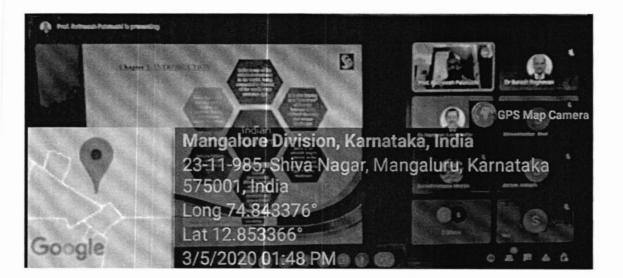
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15.Digital Awareness program for womens groups in Morgansgtate community

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On May 3, 2020, Srinivas University conducted a transformative Digital Awareness Program for the Women's Group in the Morgansgate community, aiming to empower women with essential digital skills. Through interactive sessions, hands-on training, and personalized assistance, participants gained confidence and proficiency in utilizing digital tools for personal and community development. The program, attended by a significant number of women, reflects Srinivas University's commitment to community welfare and digital inclusivity. Postprogram assessments revealed positive outcomes, underscoring the success of the initiative in bridging the digital gap within the Morgansgate community.



16.Digital Awareness programm for womensg group in jeppu community 3-05-2020

On May 3, 2020, Srinivas University orchestrated a transformative Digital Awareness Program for the Women's Group in the Jeppu community, exemplifying the institution's dedication to community welfare and digital inclusivity. The program, attended by a substantial number of women, provided comprehensive training in computer literacy, internet safety, and practical digital tool applications. Through interactive sessions and personalized support, participants gained confidence and proficiency in leveraging digital technologies for personal and community development. Post-program assessments revealed positive outcomes, underscoring the success of the initiative in narrowing the digital gap within the Jeppu community.



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17. Deputing Teaching Assistants to Government Primary Schools

Srinivas University under NSS organized teaching assistants to Government primary schools on the growing demands on primary education and the need for enhanced educational outcomes, the Ministry of Education has initiated a program to depute

teaching assistants to government primary schools across the country. This report outlines the objectives, implementation strategy, benefits, and potential challenges of this program. The program addressed the issue of overcrowded classrooms by providing additional support through teaching assistants, thereby improving the studentteacher ratio and enhancing individualized attention to students.





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18. Holi Celebration at Govt School 27-03-2020

Srinivas University under its Unnat Bharat Abhiyan forum and its sponsored NGO 'Srinivas Institute of Rural Reconstruction Agency' (SIRRA) has organized "Holi Celebration" at Zilla

Panchayat Model Higher Primary School, Chelairu, Mangalore on 27th March 2021. The Zilla Panchayat Model Higher Primary School, Chelairu has been adopted by the University under the Government School adoption programme of Government of Karnataka. The programme aims at creating awareness among the school children about 'Holi Festival' and to motivate student participation by organizing 'Water Games'. The programme was inaugurated Dr. Vidya N, Professor of College of Social Sciences and Humanities, Srinivas University



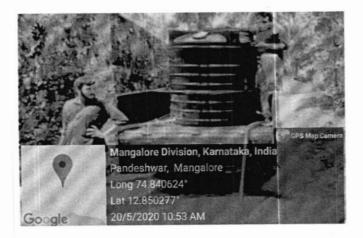
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19. Distribution of Drinking Water during covid For the pandemic situation, our B.com & BBA students have involved themselves in the supply of Drinking Water.

On 10.5.2020 Drinking Water was supplied to the water deprived areas in Calicut by our

students through the water tanker. This is of great help for the people who were in need of water.

"Campus cleaning" activity



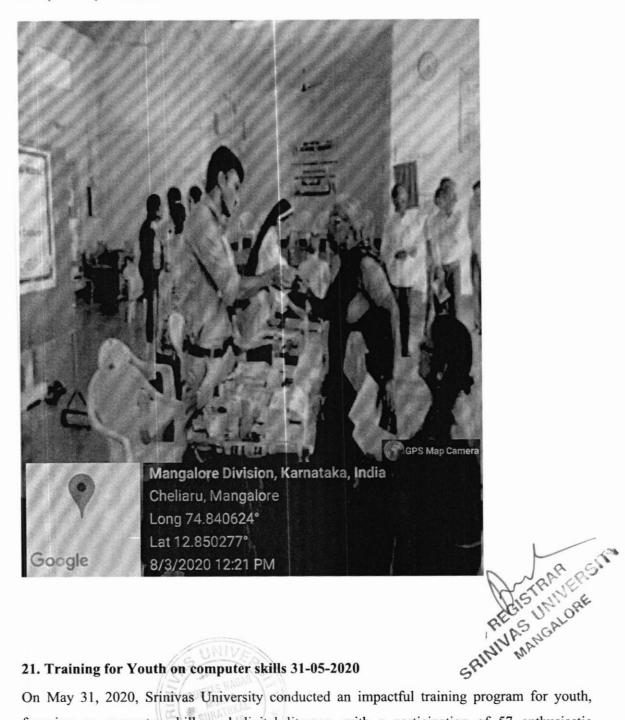
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20. Free Awareness and Cancer Check-up Camp

Unnat Bharat Abhiyan, Srinivas University, Srinivas Institute of Rural Reconstruction Agency (SIRRA) in association with Cancer Society, Bengaluru, Gram Panchayat Cheliaru has

organized free Cancer Awareness and Cancer Check-up Camp at Sabha Bhavana, Cheliaru Village near Surathkal, Karnataka on 8th March 2020. The Programme was inaugurated by the Mr. Jayanand, President, Gram Panchayat and the representatives of the Cancer Society of India, CODP, Vivekananda Yuvaka Mandala



21. Training for Youth on computer skills 31-05-2020

On May 31, 2020, Srinivas University conducted an impactful training program for youth, focusing on computer skills and digital literacy, with a participation of 57 enthusiastic individuals. The program aimed to enhance the participants' proficiency in essential computer

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skills, including software usage, internet navigation, and overall digital literacy. Expert trainers led interactive sessions, workshops, and hands-on exercises, fostering an engaging learning environment. Post-training assessments reflected positive outcomes, showcasing improved computer competencies among participants. This initiative aligns with Srinivas University's commitment to empowering youth with practical skills for the digital era.

